

Program Standards and Matrix
INITIAL PROGRAMS IN PHYSICAL EDUCATION

ND ESPB Standards	
<p>08025.1 Content Knowledge The program requires the study of physical education content and disciplinary concepts related to the development of a physically educated person. To meet this standard, institutions will require a study of the biological sciences pertaining to the structure and function of the human body including the principles of human movement, exercise physiology, and bio-mechanical analysis. This standard also requires the study of first aid, nutrition, and injury prevention. The program uses a variety of performance assessments of candidates' understanding and ability to apply that knowledge.</p> <p>08025.2 Growth and Development The program requires the study of how individuals learn, develop and provide opportunities that support their physical, cognitive, social, and emotional development. This standard addresses human growth and sexual development. It also focuses on the application of growth and development concepts to create learning experiences such as the development of fundamental motor skills, individual/dual and team sports, movement, dance, aquatics, outdoor pursuits, and health-related fitness. Teacher candidates will demonstrate the ability to plan and implement developmentally appropriate learning experiences based on expected</p>	

developmental levels. The program uses a variety of performance assessments of candidates' understanding and ability to apply that knowledge.

08025.3 Diverse Learners

The program requires the study of how individuals differ in their approaches to learning and creates appropriate instruction adapted to these differences. Through this standard, teacher candidates demonstrate their ability to plan and implement learning experiences that are sensitive to diverse learners, and that will enable learners to develop qualities of respect and responsibility.

The program requires study of state and federal laws dealing with the education of students with special needs. The program uses a variety of performance assessments of candidates' understanding and ability to apply that knowledge.

08025.4 Management and Motivation

The program requires the study of individual and group motivation and behavior to create a safe learning environment, recognizing legal responsibilities and encouraging positive social interaction, active engagement in learning, and self-motivation. This standard is concerned with the teacher candidate's use of a variety of strategies to institute behavior change, manage resources, (to include selection, purchase, care and maintenance of facilities, equipment and supplies) promote mutual respect and self-responsibility, and motivate students. Teacher candidates whose performance is acceptable will be effective in helping

learners develop behaviors related to respect, responsibility, and enjoyment of physical activity. The program uses a variety of performance assessments of candidates' understanding and ability to apply that knowledge.

08025.5. Communication

The program requires the study of effective verbal, nonverbal, and media communication techniques to enhance learning and engagement in physical activity settings. Teacher candidates demonstrate sensitivity to all learners, and model appropriate behavior. The program uses a variety of performance assessments of candidates' understanding and ability to apply that knowledge.

08025.6 Planning and Instruction

The program requires the study of how to plan and implement a variety of developmentally appropriate instructional strategies to develop physically educated individuals, based on state and national standards. This standard deals specifically with pedagogical knowledge and application. The core of this standard will be a series of sequential and progressive field experiences that allow teacher candidates to refine, extend, and apply their teaching skills. The program uses a variety of performance assessments of candidates' understanding and ability to apply that knowledge.

08025.7. Learner Assessment

The program requires the study of assessment to foster physical, cognitive, social, and emotional development of learners in physical activity. Teacher candidates will use various forms of authentic and

traditional assessment to determine achievement, provide feedback to students, and guide instruction. Critical to this process will be an analysis of the appropriateness of various assessments. The program uses a variety of performance assessments of candidates' understanding and ability to apply that knowledge.

08025.8. Reflection.

The program requires the study of reflective practice, with evaluation of the effects of the educator's actions on others (e.g., learners, parents/guardians, fellow professionals). Teacher candidates seek opportunities to grow professionally. This standard can be met through a series of learning experiences that promote self-reflection on the part of teacher candidates. The program uses a variety of performance assessments of candidates' understanding and ability to apply that knowledge.

08025.9. Technology

The program requires the study of current, appropriate instructional technologies to enhance learning and to enhance personal and professional productivity. The program uses a variety of performance assessments of candidates' understanding and ability to apply that knowledge.

08025.10. Collaboration

The program requires the study of how to foster relationships with colleagues, parents or guardians, and community agencies to support learners' growth and well-being. This standard encompasses the teacher candidate's opportunities to interact and advocate for physical activity both in school and

<p>the larger community. Inclusion of learning experiences that involve teacher candidates with community agencies would be appropriate. The program uses a variety of performance assessments of candidates' understanding and ability to apply that knowledge.</p>	
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